

Burden Free Faith
Week 2: Unburdened From Bitterness
October 10th, 2021

OPENING PRAYER

Have someone in the group invite God's Holy Spirit into our presence. Pray for your encounter with God's Word. Ask God to open your heart and mind to some new understanding and especially to a new way of applying this truth in our daily lives.

SMALL GROUP GUIDELINES

~Safe Group	~Silence	~Sharing
~Confidentiality	~No Cross Talk	~Self-Aware
~Listen	~No Fixing	~"I" Statements
~Pause	~No Rescuing	~Handle Conflict Biblically

"GETTING TO KNOW YOU"

Go around the room and briefly share your answer to the following question:

Name a food or drink that comes to mind when you think of tasting bitterness.

INTRODUCTION

We step into our second week of our series **Burden Free Faith**. Pastor Moss laid the foundation last week from Hebrews 12:1-3 as we looked at what it means to live a life of faith that is truly burden free. This week we are going to focus on a particular burden that can cause lasting damage if we allow it and that is bitterness. Our study this week is found in *Hebrews 12:14-15* with a message entitled **Unburdened From Bitterness**.

THIS WEEK'S KEY SCRIPTURE: Hebrews 12:14-15

Read the passage: Have someone in your group read the passage of scripture as everyone else follows along in their Bible.

DISCUSSION:

Go around the room and share from your heart, remembering the group guidelines.

EXPLORING THE SCRIPTURE:

- What do you notice in this text with new or fresh eyes?
- What do you struggle with?
- What surprises you?
- What encourages you?

ENGAGING THE MESSAGE:

- To what extent are Christians to try to resolve conflicts? Why? (12:14)
- Why is it difficult to get along with some people?
- In what way should believers pursue holiness? Why? (12:14)
- What roadblocks make it difficult for you to pursue holiness?
- Why is holiness important? (12:14)
- What is dangerous about bitterness?

LIVING IT OUT-APPLICATION:

- What bitter or unforgiving attitudes do you need to confess today?

CLOSING PRAYER: Spend some time in prayer, pray for the season we are in, for those that may be affected, for the community, for our world. Pray for one another, for those that might be absent and for prayer requests.